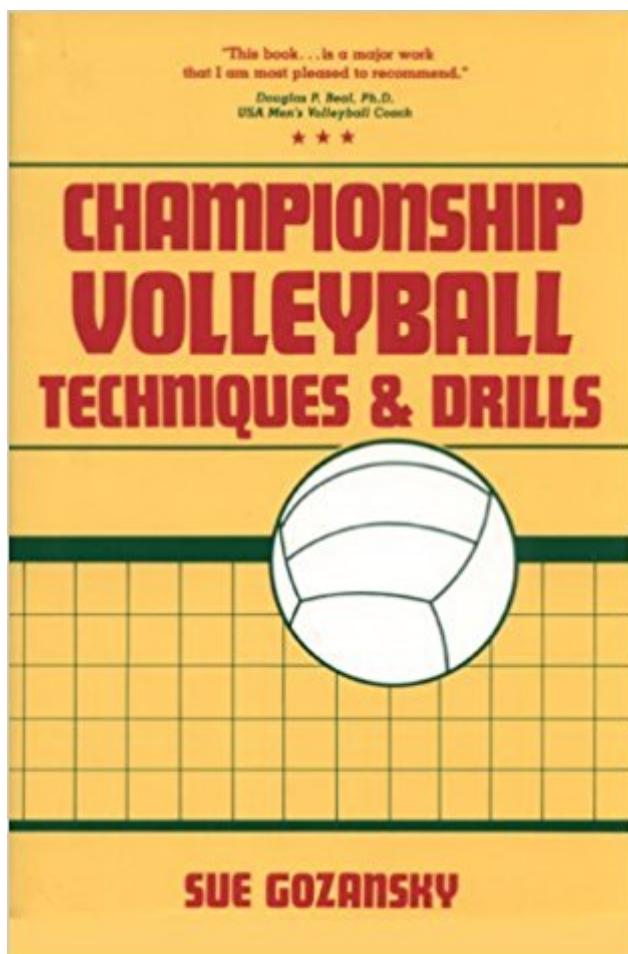


The book was found

Championship Volleyball Techniques And Drills



Synopsis

Gives advice on teaching basic volleyball skills, including passes, serves, blocks, and other offensive and defensive tactics, and recommends a series of practice drills.

Book Information

Hardcover: 202 pages

Publisher: Parker Publishing Company (August 1, 1983)

Language: English

ISBN-10: 0131276395

ISBN-13: 978-0131276390

Product Dimensions: 6 x 0.8 x 9.4 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,249,379 in Books (See Top 100 in Books) #90 in Books > Sports & Outdoors > Other Team Sports > Volleyball #3311 in Books > Sports & Outdoors > Coaching

Customer Reviews

Championship Volleyball Techniques and Drills should be in every volleyball coach's library. The Chapters break down in detail the skills needed to play the game and drills to improve skills. I refer to this book once a week.

I've used Sue Gozany's book as part of the drill library for our high school program for over 5 years, and I heartily recommend it to all coaches, at any level of play. There are drills covering every skill, for individuals and for teams, with lots of diagrams to help players improve whatever phase of the game they need to work on. Sue's book is easy to understand and implement, and it's been one of my most-thumbed books ever since I first acquired it. I recommend it highly.

I am in my 3rd year of coaching at the Jr. High level and use this book for planning my drills and strategies for the year. Some of the terms varied from those I had heard, but the explanations and illustrations make understanding the game excellent.

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